വളരുക വളർത്തുക ആനന്ദിക്കുക.



International Professional Trainers Academy

(IPTA) An Initiative of

SKATE (Sudas Kannoth Academy of Training Empowerment)

Profile of CERTIFIED STAR TRAINERS The IPTA Team Trained to Train

We are with you to : EDUCATE | ENLIGHTEN | ENCOURAGE the aspiring minds

Trainers Profile Released by

Sri. Sudas Kannoth Trainers' Guru SKATE 9447114001





SAJNA.K.A. KOMBANEZHATH

Kombanezhath (H) Vallivattom. P.O., Pin - 680124. Mob: 8547482651 Email: sajnafzal@gmail.com





Expertise (Topics)



Socialization





Personal Specifics

Life goal

MSc. Aquaculture, MSc. Applied Psychology, MA. Psychology, MS. Counseling and Psychotherapy, B.Ed., SET, DLDM, TA, NLP, Ph.D scholar

Counseling Psychologist, Medicare Hospital, Kodungaloor As School counselor at Al- Ameen Public school (4 years) As teacher (School & College)-7 years

Stress Management, Goal Setting, Art of Parenting, Exam mastery, Sherise, Happy learning Mindfulness, Emotional Intelligence, Adolescent training, Suicide Prevention, Mental Health, Sex Education, Personality development, Women Empowerment, Communication, Relationship, Blissful life, Mind power, Forgiveness, Gratitude, Cognitive stimulation and group Therapy for seniors, Dementia

Positive Commune Trainer SKATE certified trainer NSDC Master trainer Master trainer of BODHI *(CUSAT, Eranakulam district administration and Social Justice dept.)*

Sajjeevani counselor, Founder of SEW (Self-Empowerment hub for Women) Member of KCF, Member of API, Member of KCTTU, Member of Positive commune Member of Vacky Blood Port

'Dementia Ambassador' awarded by CUSAT Orange Apple star trainer award Volunteer in suicide Prevention Squad Volunteer in project UDBODH

Psychology, Literature

Parents : K. M. Ali & E. K. Fathima Spouse : Mohamed Afsel (GI ,Govt.ITI) Children : Zaakir (Plus two), Faizaan : Class (IX)

To radiate boundless love and positivity to everyone and to lead a peaceful life



AUSTIN VALOOR

Edathiparambil House, Cheruvaloor P.O, Thrissur Dt., Kerala– 680308 Mob: Email:

MBA, BCom, Diplomain Polymer Technology



| | Educational Qualificati | on |
|------------|--|----|
| | | on |
| | Carpor | |
| | Career | |
| | | |
| | Expertise (Topics) | |
| LATI | | |
| | Certification and Grade in Training | |
| | Grade in Training | |
| TEN | | |
| | Socialization | |
| LER | | |
| | Enriching assignments | |
| RAI | | |
| F | Current Learning Programme | |
| | | |
| | Personal Specifics | |
| STA | | |
| | Life goal | |

| | General Manager |
|-------------------|---|
| | Eram Technologies Pvt. Ltd., Angamaly |
| se (Topics) | Habit creation, Goal Setting Relationship |
| | Men Women Psychology Corporate sales |
| ation and | TOTS Certified Trainer |
| in Training | 5 Star IPTA Trainer |
| zation | Positive Commune member |
| | World Malayalee Federation (WMF) Member |
| ng assignments | KTL 23 Online trainers Competition Winner Stage War 3 Chapter and Zonal Level winner, State Level Finalist Trainer for KSRTC stafffor one year Trainer of Naval Base Kochi |
| t Learning mme | MSW Pursuing |
| al Specifics | Wife : Deena Rose, BSC Nurse |
| | Son : Abel Austin, STD IX, Asher Austin Std VII |
| | Daughter : Annmia F. Austina STD V, Agatha Theres STD III |
| | |

Be the International trainer who transform millions of people to agree at successful life



C.V. SATHEESAN

Madakkal, Udumbunthala Post, Kasargod Dist. Mob: 8086988408 Email: cvsatheeshpnr@gmail.com





MA, BEd, SET, Diploma in Computer Application (DCA)



Deepa Thomas

Company Padi, Aluva, Ernakulam Dist. Mob : 9446361485 Email: deepa05abhilash@gmail.com





Educational Qualification B.com, PGDCA, Basic Counselling Life Coach, Entrepreneur – Delarch Architects and Interiors, Career Life Hoe Skills (Self Awareness, Effective Communication, Critical Thinking, Expertise (Topics) Problem Solving, Coping with Emotions, Coping with Stress, Problem Solving, Empathy, Decision Making, Interpersonal relationship) Mind Power / Goal Setting / Law of Attraction / Money Mindset / Visualisation Comfortzone / Mindfulness / Gratitude / Forgiveness / Self - Love / How to Reprogram Your Mind **Certification and NSDC Master Trainer** Grade in Training **Socialization Enriching assignments** Current Learning Programme **Reading Books Personal Specifics** Son : Plus Two Student Daughter: 7th Student Daughter : 1st Student Life goal Live Happy and Healthy Life, Take care of my children, Empower Individuals to

Live Happy and Awaken my consciousness



Dr. Anu Thomas

Karikottil House, Kolenchery Mob: 9847948334 Email: dr.anuthomask@gmail.com



| (| Educational Qualification | MBA, MCA, Ph.D (Vocational Education & Training) |
|----------|--|---|
| (| Career | Junior Programmer (Synthite Industries 1997-2001) Vocational Teacher in Computer Application |
| LATE | Expertise (Topics) | How to Face Exam, Leadership, Public Speaking Self Management Techniques, Goal Setting, Al Tools Time Management, Computer Skills |
| TEMPLATE | Certification and Grade in Training | NSDC Master Trainer 4 Star Trainer of IPTA |
| IER] | Socialization | Palliative Care Geriatric Care Public Activities |
| RAINER | Enriching assignments | NSS Programme Officer NSS Resource Person |
| | Current Learning Programme | AI Training |
| STAR | Personal Specifics | Husband : Deputy General Manager of Production Son : Data Scientist Daughter : Doing 4th year MBBS |
| | Life goal | To be a good Trainer, Teacher, and give happiness to all |



JAYAN NILESHWAR

Chamayam House, Thervayal Nileshwar P.O., Kasaragod - 671314 Mob: 9895189986 Email: jayanchamayamnileshwar@gmail.com



Educational Qualification

MA B.Ed, Post Graduation in Social Science, Diploma in Yoga, Diploma in Hypnotic Councilling and Wellness.

Tension free life / Adolescent Training / Positive Parenting / Healthy beauty Yoga

NSDC skill Trainer / NSIM HYPNOTISM / Councelling psychology (SRC Kerala)

MMA member / Sanjeevani State Councilling member / Squat and guides master

Stress Management / Hypnotherapic Councillor / Women empowerment Communication / Teachers Training / Health and Wellness Coaching

/ Happiness training program for old age and orphanage homes.

Positive Commune member / Residence Association president

38 Years of experience in Kalolsavam Field 30 Years of Teaching Professional.

Expertise (Topics)

• Certification and Grade in Training

Socialization



Recipient of 1. State Award in Amateur Drama in 1992.

2. Awarded prices at State Kalolsavam

PG Diploma in Yoga

NLP, Master Councilling, Family Therapy

Personal Specifics

Current Learning Programme

Enriching assignments

Sanjeevani State Councilling for students

Working as Wellness coach

Life goal

To promote the students to reach their goals by guiding them . To be a great trainer and to create a valuable generation.

STAR TRAINER TEMPLAT







Dr. Joji Mathew

Vayalilkalapura, ARWA 30 Amalagiri PO, Kottayam, Kerala, India - 686561 Mob: 9447937357

Email: jojispices@gmail.com joams5633@gmail.com



Educational Qualification

Career



Life goal

Govt. of India and retired as Director (Development) Goal Setting / Communication / Effective Public Speaking / Leadership in Action / TA and Communication

MSc., B.Ed., Post Graduate Diploma in Public Relation, MBA in Human Resource Management, Ph. D in Botany

Completed 35 years of service in Spices Board,

Ministry of Commerce and Industry,

Soft Skills / Emotional Intelligence / Family Relation / Parenting

State Trainer Indian Junior Chamber NSDC Certified Trainer Master Trainer Spices Board (Rtd.) 5 Star Trainer of IPTA Resource Person KILA

Member Rotary International / Member Synergy, Kottayam a Foundation for Elders Member University of 3rd Age (U3A) under the auspices of MGUniversity Kottayam Member Butterfly Foundation& Planetary Citizen / Executive Member Amalagiri Resident's Welfare Association / Vice President St. Vincent De Paul Society /

Functioning as Lead auditor under National Program for Organic Production, Ministry of Commerce and Industry Govt. of India / Former Member, Board of Studies Andhra University, Visakhapatnam, Andhra Pradesh, India / Past President Indian Institute of Transactional Analysis & Avila School of Counselling, Pala / Past Secretary and President Kattappana Junior Chamber / Mentor of IWN Kerala-CII Programme

Undergoing Basic Course on Theme Centered Interaction, IUCDS, MGUniversity, Kottayam Completed ToTprogramme of SKATE Completed 2-year certificate course on Transactional Analysis and counselling

Wife : Mrs. Sancy Dominic, (Retired Higher Secondary School Teacher)

Daughter : Student Karls Ruhe University Germany

Son : Working at Leeds UK, as Asst. Consultant on Sustainability Transport

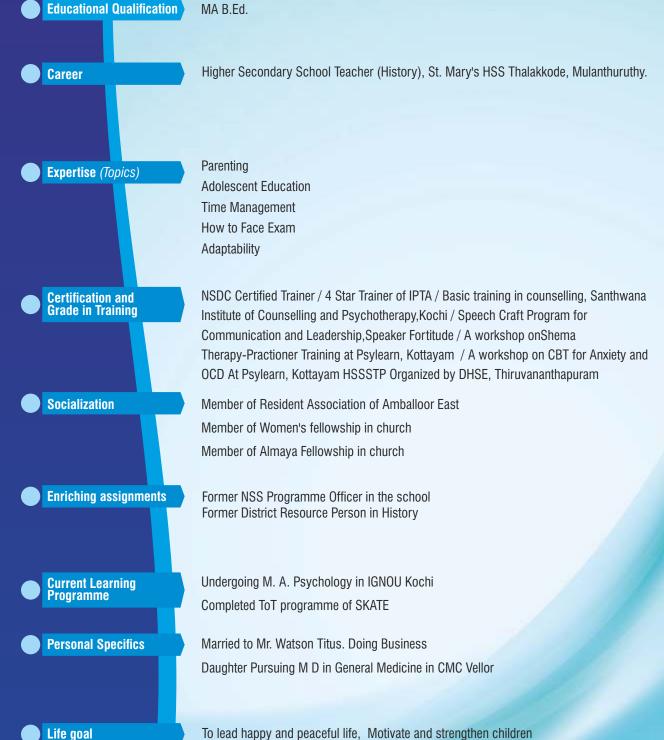
Growing to fullest potential enriching the world; live with mindfulness and die empty.



Mary K. V.

Kudiyiruppu, Kanjiramattam PO, Amballoor, Ernakulam - 682315 Mob : 9387383822 Email: 1451969mary@gmail.com







Philomina Prabha

15/689, Sowprabha, Kunnathurmeddu,Palakkad Mob: 9446639743 Email: philominaprabha2@gmail.com



Educational Qualification

Expertise (Topics)

Certification and Grade in Training

Socialization

Enriching assignments

Current Learning Programme

Personal Specifics

Career

MA Philosophy, MA History, MA English, B Ed, MSc Applied Psycology, Psychotherapy Course, Pre Marital Counselling-Issues and Insights, Cognitive Behavioural Therapy for Depression, Transactional Analysis, Forensic Psycology, Clinical Hypnosis and Psycotherapy, Basic Counselling Course (University of Calicut), Gestalt Therapy

Completed 26 years as a Higher Secondary Teacher

Goal Setting / Communication / Effective Public Speaking /Leadership in Action TA and Communication / Soft Skills/ Emotional Intelligence / Family Relation Parenting / Ragatherapy / Hypnotherapy

State Trainer Indian Junior Chamber / Trainer in Schools / 5 Star Trainer of IPTA Positive Commune Trainer / Participated as a Trainer in Best India Records

Member of JCI / Counsellor in St.Sebastian Church Commitee / Member University of 3rd Age (U3A) under the auspices of MG University Kottayam/ Secretary in Purogamana Kala SahathyaSangham / Joint Secretary KSSPU / Member in VanithaSahidhi / Member in Senior Citizen / Member in Samatha

Undergoing Classical Music Courses Therapy Classes Completed ToTprogramme of SKATE 2-year certificate course on Transactional Analysis and counselling

Married to Mr D Soundararaj,

MscMaths, MPhil,B Ed, M Ed,Retired as Higher Secondary Principal **Son** – M Tech with Nabosh, Working as a Safety Engineer,Married to Dr Reshma MBBS

Life goal

STAR TRAINER TEMPLAT



PRASEENA K. V. Kaniyamvalappil, Kayyur Cheruvathur, Kasaragod. 671313

Email: sajnafzal@gmail.com



Educational Qualification

Career

Post Graduate in Sociology, Post Graduate in Psychology Deploma in Hypnotic Counselling and Wellness Deploma in Transactional Analysis, Data Entry operator , DMIT, NLP, Reikhi, TTC Teacher, Trainer, Psychogist, DMIT Analyst



Become a Transformation coach to transform children and adults to mold a socially Responsible society.



Career

Expertise (Topics)

Certification and Grade in Training

Socialization

Educational Qualification

RAJEE R. PILLAI

T.C. 51/1404, Punnackamugal Aramada P.O., Thiruvananthapuram Pin: 695 032 Mob: 9495530895 Email: <u>rajeeradhap@gmail.com</u>



TAR TRAINER TEMPLAT

Bsc (Zoology) / LLB / PGDTS

10 years as Office Executive in various Computer Firms in Thiruvananthapuram
3 years as Junior Advocate in Thiruvananthapuram Bar
4 years as Business Transcriptionist in Technopark (UK project/Company)
3 months as LD Clerk in Fire & Rescue Services
12 years in the cadre of Assistant/Senior Grade Assistant /Assistant Section Officer in Government Secretariat
7 years in the Gazetted rank as Section Officer in Government Secretariat

Stress Management / Parenting / Parenting the Parents / Life Skills / Communication / Family Nature and Environment / Health and Wellness / Parenting of Adolescents / Thirukkural Ubuntu / Ukeireru / Minimalism / Nunchi / Values and ethics

NSDC Trainer IPTA 4 Star Trainer

MPTA Presindet in the son's school for 8 years / PTA President for 1 year President of Kerala Govt. Secretariat Womens Welfare Society and Recreation Club for 10 years / General Secretary of Kerala Govt. Secretariat Womens Welfare Society and Recreation Club for 2 years (conducting 1) recreation activities for women viz., Tailoring, Yoga, Aerobics, Healthclub, Dance, Music, Veena, Violin &Zumba classes 2) Medical camps 3) Parenting ./Counselling classes 4) Sports and Arts competitions Hobbies : Gardening, Music, Dance, Reading, Training

To become a highly influential and acclaimed international trainer. To become an environment activist in the creative aspect like waste management, greenery promotion, planting trees and plants in public places. To become a versatile performer of music and dance. To become a traveller and vlogger in a later stage of life. To lead a spiritual life.

Enriching assignments

Current Learning Programme

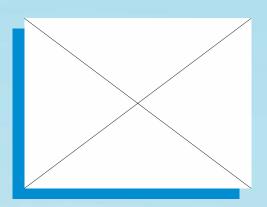
Personal Specifics

Life goal



A RAMLA NAZER

Shehnai Kallinkara Kaniyapuram P. O., Pin : 695301 TVPM, Kerala Mob: 7907851977 Email : ramlanazar2014@gmail.com



Educational Qualification

Expertise (Topics)

Certification and Grade in Training

Socialization

Career

BA, MTTC, PG in Montessori, Montessori trainer course Skill development course - British council, Chennai

Entrepreneur (Running schools and Montessori Teacher training centre in TVPM and Dubai) Montessori trainer

Montessori methodology Motivational speaker Parenting

Montessori course with distinction / Montessori trainer course with grade A+ Skill development course with grade A+ /A workshop on The management of students with learning disability, / challenges in class room teaching, teachers personality & leadership and Life / skills organised by NaITER (National Institute For Training And Educational Research)

Member of IMTT Positive commune

Spouse - Mr Nazar Daughter - Shahana N Son- Hafiz Mohamed

Enriching assignments

Current Learning Programme

Personal Specifics

Life goal

Cultivating young individuals to become successful educators in future

STAR TRAINER TEMPLATE



SATHEESH.T.V

Thekkumthara.H, Koorkkenchery.P.O, Mangattu Lane, SNEHA 34 E, Thrissur, PIN 680007



| | Educational Qualification | Post graduate in Commerce, Education and Psychology, TA, NLP courses |
|------------------------|--|---|
| | Career | Vocational Teacher in Accountancy and Auditing |
| ATE | Expertise (Topics) | Group Dynamics & Team Building / Adolescent Training Positive Parenting / Stress Management / Effective Public Speaking Leadership / Happy Learning & Goal setting / Motivation |
| RAINER TEMPLATE | • Certification and Grade in Training | Positive Commune State Training Fellow NSDC skill Trainer National Service Scheme State RP |
| ERTE | Socialization | Positive Commune member / Chancellor's club member NSS Thrissur District coordinator / Blood donor's association member |
| MINI | Enriching assignments | Positive Commune Trainers Contest Thrissur and Kannur Chapter Level Winner NYLP Award 2018 NSS Best Program Officer Award 2019 |
| Ë, | Current Learning Programme | Continuous learner NLP, TA |
| STAR | Personal Specifics | Wife : Manju.A.T <i>(Assistant Professor Govt Arts and Science College ,Chelakkara)</i> Son : Adimadhav.S(10th Standard) Daughter : Adrija.S(4th Standard) |
| S | Life goal | To love and spread light to transform people to a better version all over the world. |



SHABAS SHAMNATH

Mandopilly House Kumarapuram P. O., Pallikkara Pin - 683565 Ernakulam, Kerala, India. Mob: 9605513170 Email: shabas100@gmail.com

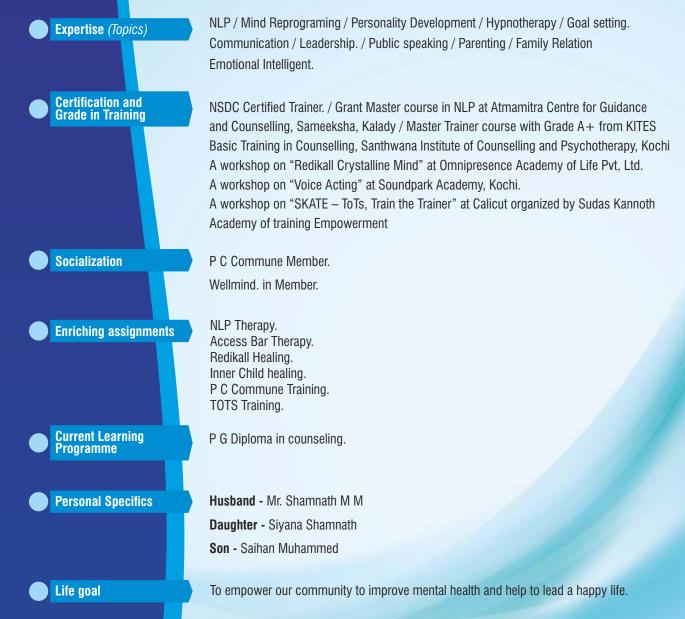




Career

B Sc, B Ed, M A Psychology, Ph D Scholer.

Teacher, Trainer, Counselor, Life coach, Healer, Hypnotherapist and NLP Practitioner.





SIJIMOL JACOB

Kannadipuzha, Kaipanchery Rd Irimpanam P. O., Kochi - 682309

Email: sajnafzal@gmail.com



| Post graduate in Tourism and Sociology, IATA Standard Diploma. TA,NLP courses |
|---|
| Vocational Teacher in Travel and Tourism Management |
| Adolescent Training / Positive Parenting / Abundance Gratitude / Stress Management / NLP Body language / Communication / Teachers Training Happiness Manthra / Happy Learning / Mindfullness |
| JCI National Trainer ASAP SDE Positive Commune Trainer NSDC skill Trainer |
| JCI Kochi member TAU member Positive Commune member |
| Blood donor's association member Youtube Channel - "Sijis Magic World" |
| Volunteer in Capuchin Mess and TAU Compassion Hub Recipient of 1. NCERT National Award for the Best Teacher in 2005. 2. Vocational Excellence Award 2006 3. State Tourism Award for the Best Teacher Coordinator of Tourism Club in 2010 and 2013 4. PM Foundation InternationalAward for the Best Teacher in 2013. 5. State Award for the Best Teacher in 2018 6. Guru Sreshta Award in 2022 |
| Continuous learner NLP |
| Daughter : Cherishma in London working as Wellness Coach Son : Joseph finished his studies in computer science from U S A |
| To love and spread light to transform people to a better version all over the world. |
| |



Sreeshan Thayil

Sree villa, Moonu nirathu, Azhikode (Post) Kannur (District) Kerala. Pin 670 009. Mob : 7207255760, 7012285750

Email: sreeshanthayyil@gmail.com



B.Com. / B.Ed. / MBA.

25 years Teacher in Cambridge university affiliated canter's, (British curriculum) / international program coordinator. (in Bahrain, Dubai, Saudi Arabia, India). 10 years international trainer/coach.

Public speaking coaching (in English and Malayalam) 2) Life coaching. 3) Corporate training. 4) Emotional freedom and mind power training. 5) Brain gym. 6) Laughing therapy/laughter yoga. 7) Meditation/breathing and facial exercises. 8) Happy learning and easy exam. 9) Manage yourself (Stress, Anger, Addiction, Time management).
 Secret of happiness. 11) Secret of success 12)Success principles. 1. 13) Goal Setting and Achievement. 1. 14) Mentoring and Coaching. 1. 15) Financial Literacy and Wealth Building. 1. 16). Decision Making and Problem Solving 1. 17), Self-Confidence and Assertiveness. 1. 18). Personal Branding and Image Management 1. 19) Entrepreneurship and Business Development 2. 20)motivation and inspiration. 3. 21.Personality development. 4. 22.Wheel of life. 2. 23)Soft skills. (20 topics) 3. 24). Leadership and Management Training. 4. 25). Health and Wellness Programs.

Certified life coach. / Dr.P.P. Vijayan life line Associated trainer. / Competent communicator in Toast masters. / Brain gym instructor. / Laughing therapist / Eft certified trainer. / Certified corporate trainer.

Toast master member, Kannur toast masters. JCI member. Handloom city. Tots member. Kings club member.

Corporate trainer. Public speaking coach. Life transformation coach.

Continuous learning in soft skills, corporate business trainings, and life coaching.

Wife : Rahina - Teacher

First son : Akash - MBA, Perumal group manager. Second son : Ashwin- Engineer, BMW, Pune.

To enrich and transform the life of 10 lack people through Coaching, Training and Mentoring.

STAR TRAINER TEMPLAT



Educational Qualification

Career



STAR TRAINER TEMPLATE

Life goal

Personal Specifics



Career

Expertise (Topics)

Certification and

Grade in Training

Socialization

Enriching assignments

Current Learning Programme

Personal Specifics

Life goal

TOMY THARAKKUNNEL

No. 14 A, SFS Grandville, Thrikakara, ERNAKULAM, COCHIN

Mob: 9961543750, 9447347609

Email: tmytjhn@gmail.com tjtomy@live.in



Post Graduation in Public Administration / Degree in Agricultural Science **Educational Qualification**

Certificate in Computer course / PG Diploma in Counselling Psychology Certificates in Human Resource& Management / Certificates in Trainers Training from Edge Kerala, / SKATE & Positive Commune. / Certificate in training Enrichment from SKATE Kerala / Certified Master Trainer, NSDC, Govt. of India.

Agricultural Officer - Dept. of Agri. Kerala / Returning Officer under Election Commission Plan Coordinator of LSGD (16 Years) / Project Manager, Diocese of Thamarassery Team Leader - National Watershed, OPEC & WGDP / YIP Trainer, Kerala Educatio . Department, ASAP Trainer, (Banking & Finance Management) / Manager Muthoottu Mini (NBFC) Regional Manager (NBFC)

Certified Mastertrainer, Mentor, Counsellor

Certificates in Human Resource& Management / Certificates in Trainers Training from Edge Kerala, / SKATE & Positive Commune. / Certificate in training Enrichment from SKATE Kerala Certified Master Trainer, NSDC, Govt. of India.

Offering result oriented quality training to Educational institutions, organizations and groups.

Returning Officer under Election Commission Plan Coordinator of LSGD (16 Years) Project Manager, Diocese of Thamarassery / Team Leader - National Watershed, OPEC & WGDP / YIP Trainer, Kerala Education . Department, / ASAP Trainer, (Banking & Finance Management) / Manager Muthoottu Mini (NBFC) / Regional Manager (NBFC)

Wife - Head Mistress (Rtd.) Son- IT Engineer- Gen Rocket, New Delhi **Daughter-** Senior Accountant- Kuwait Airways

To be Healthy, enthusiastic, vibrating and skillful

STAR TRAINER TEMPLAT



Educational Qualification

SHANID MEKKUNNU

Kakkuzhi parambath, P.O. : mekkunnu, via: peringathur, Dist: kannur, Plncode: 670675 Mob : 9400593162

Email: shanidmekkunnu@gmail.com

BA, TTC, DIEC, CMLD, CTT, TOTS (offline)



