

# Law of the Seed



This is a very good piece of  
thought.




Read carefully and relate it  
to your life.



# The Law of the Seed

Take a look at an apple tree. There might be five hundred apples on the tree and each apple has ten seeds. That's a lot of seeds!



We might ask, "Why would you need so many seeds to grow just a few more apple trees?"

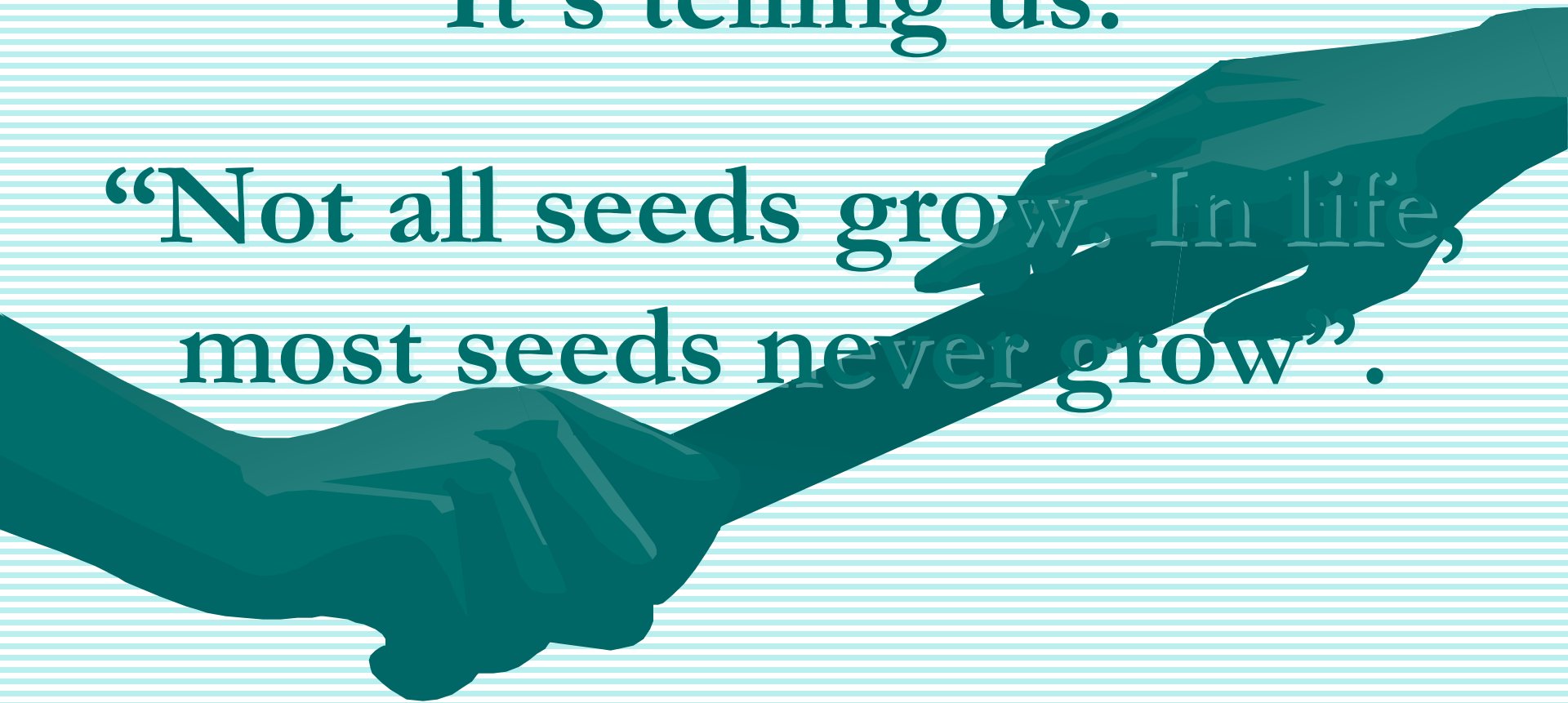


Nature has something to  
teach us here.



It's telling us:

“Not all seeds grow. In life,  
most seeds never grow”.



So if you really want to  
make something happen,  
you had better try more  
than once."



This might mean:

You'll attend twenty interviews to get one job.

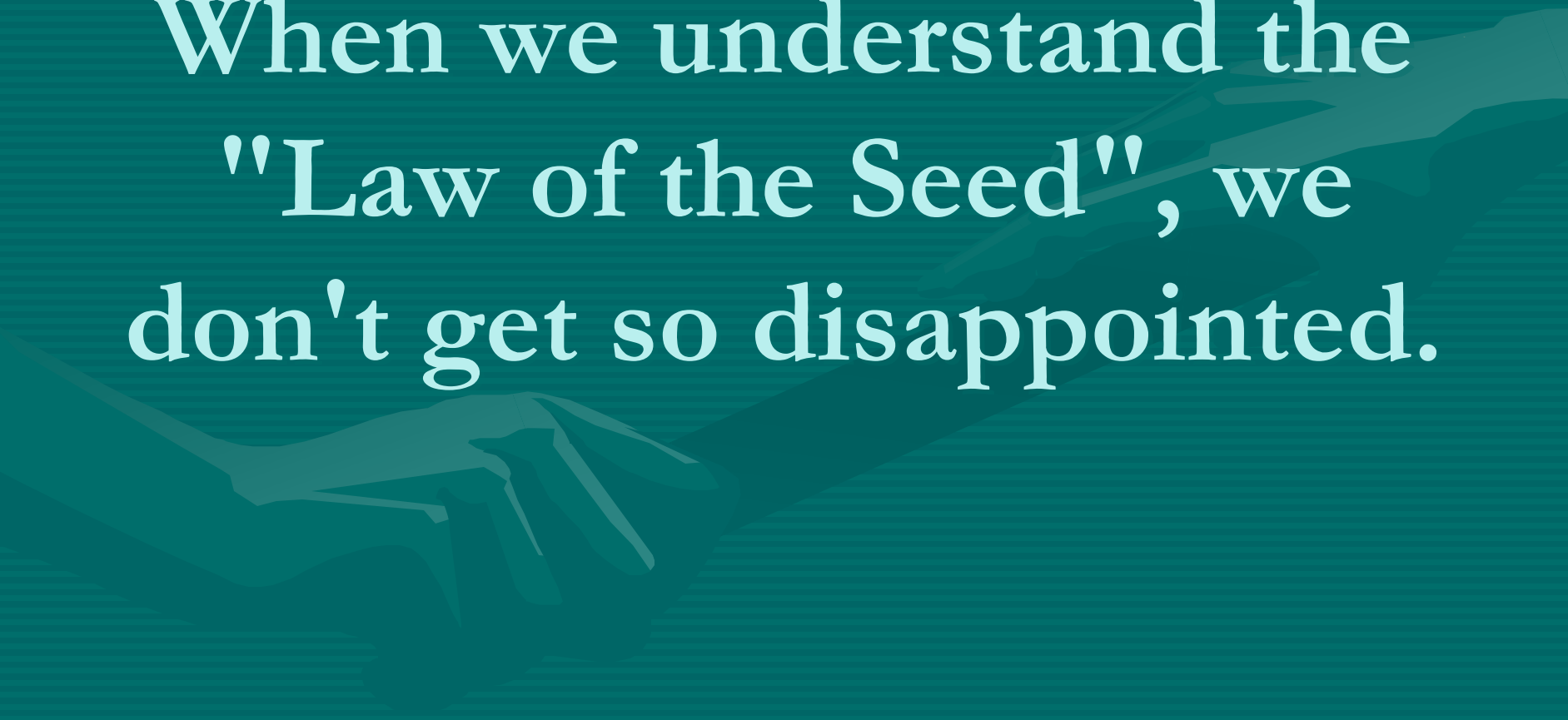
You'll interview forty people to find one good employee.

You'll talk to fifty people to  
sell one house, one car, one  
vacuum cleaner, one  
insurance policy, or a  
business idea

And you might meet a  
hundred acquaintances just  
to find one special friend.



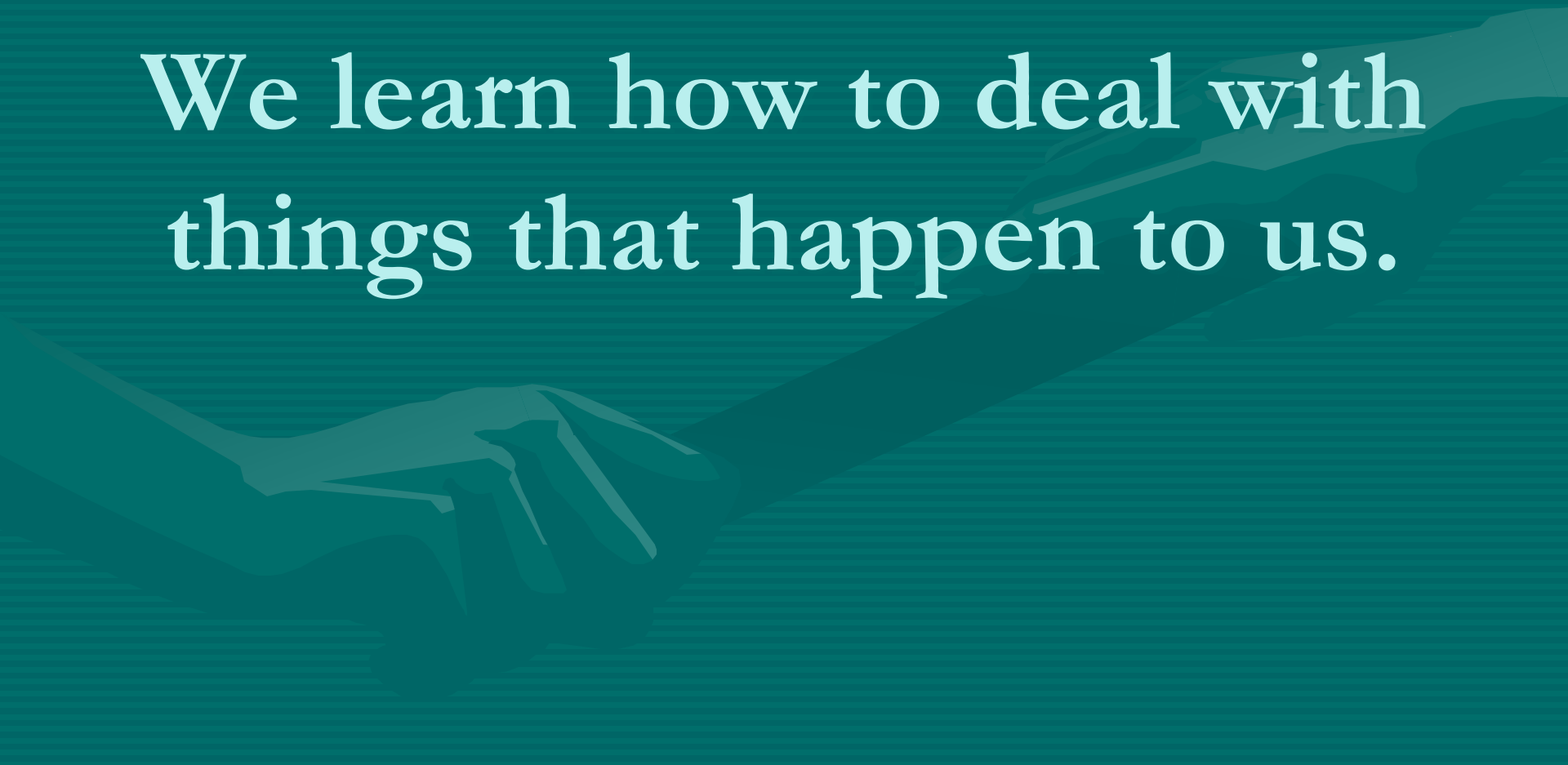
When we understand the  
"Law of the Seed", we  
don't get so disappointed.



We stop feeling like  
victims.



We learn how to deal with  
things that happen to us.



Laws of nature are not  
things to take personally.

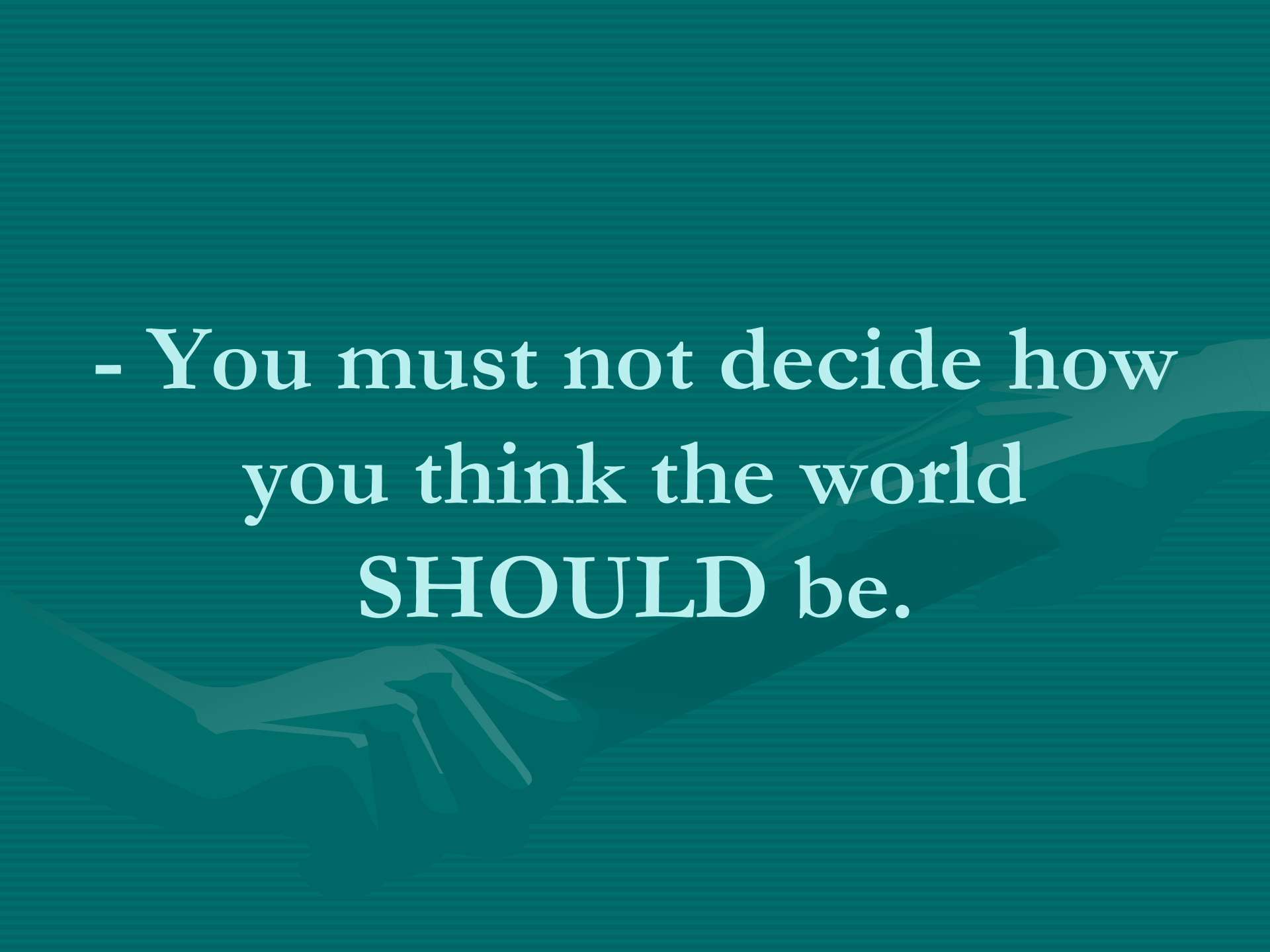
We just need to understand  
them - and work with  
them.

# IN A NUTSHELL


Successful people fail more often. But they plant more seeds.



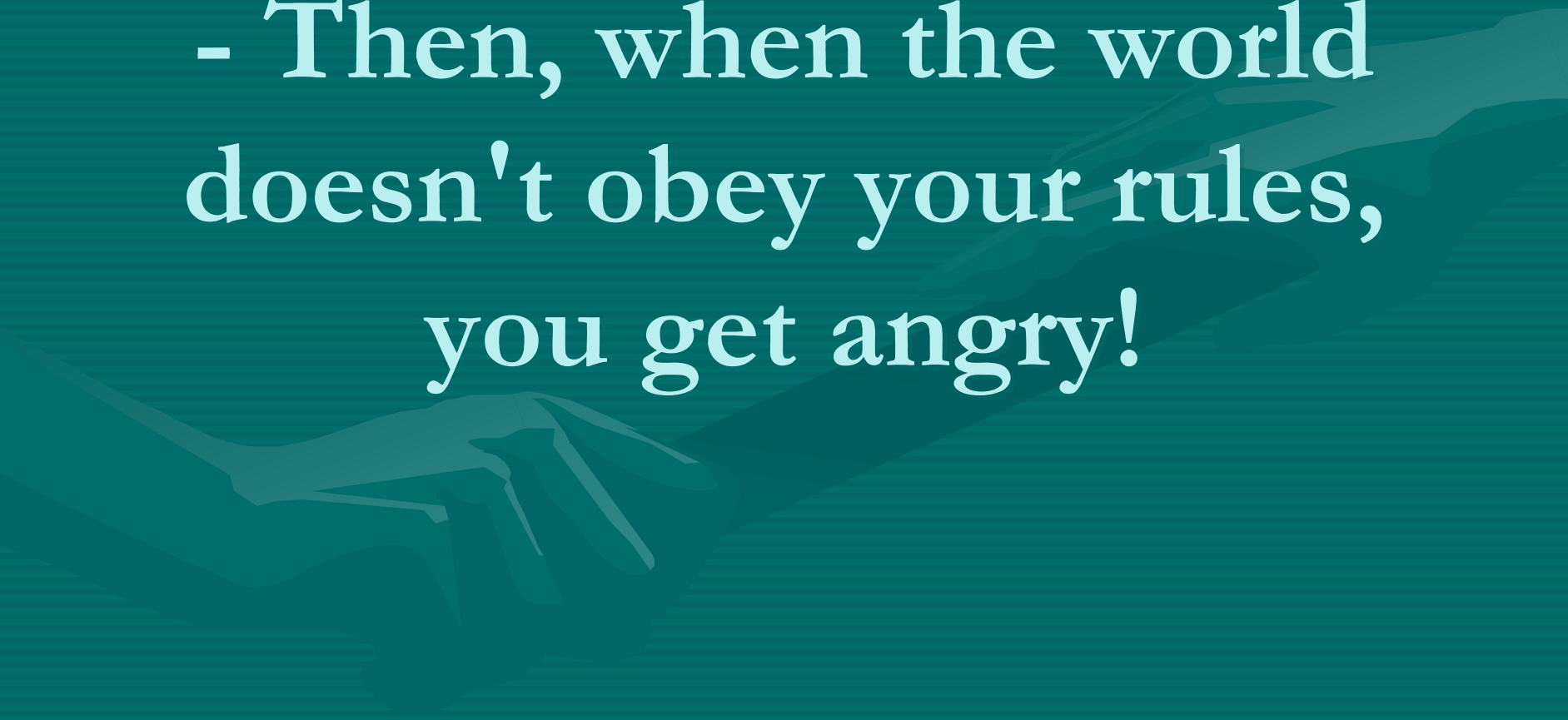
When things are beyond  
your control, here's  
something that you must  
**NOT DO** so as to avoid  
misery in your life:



- You must not decide how  
you think the world  
**SHOULD** be.

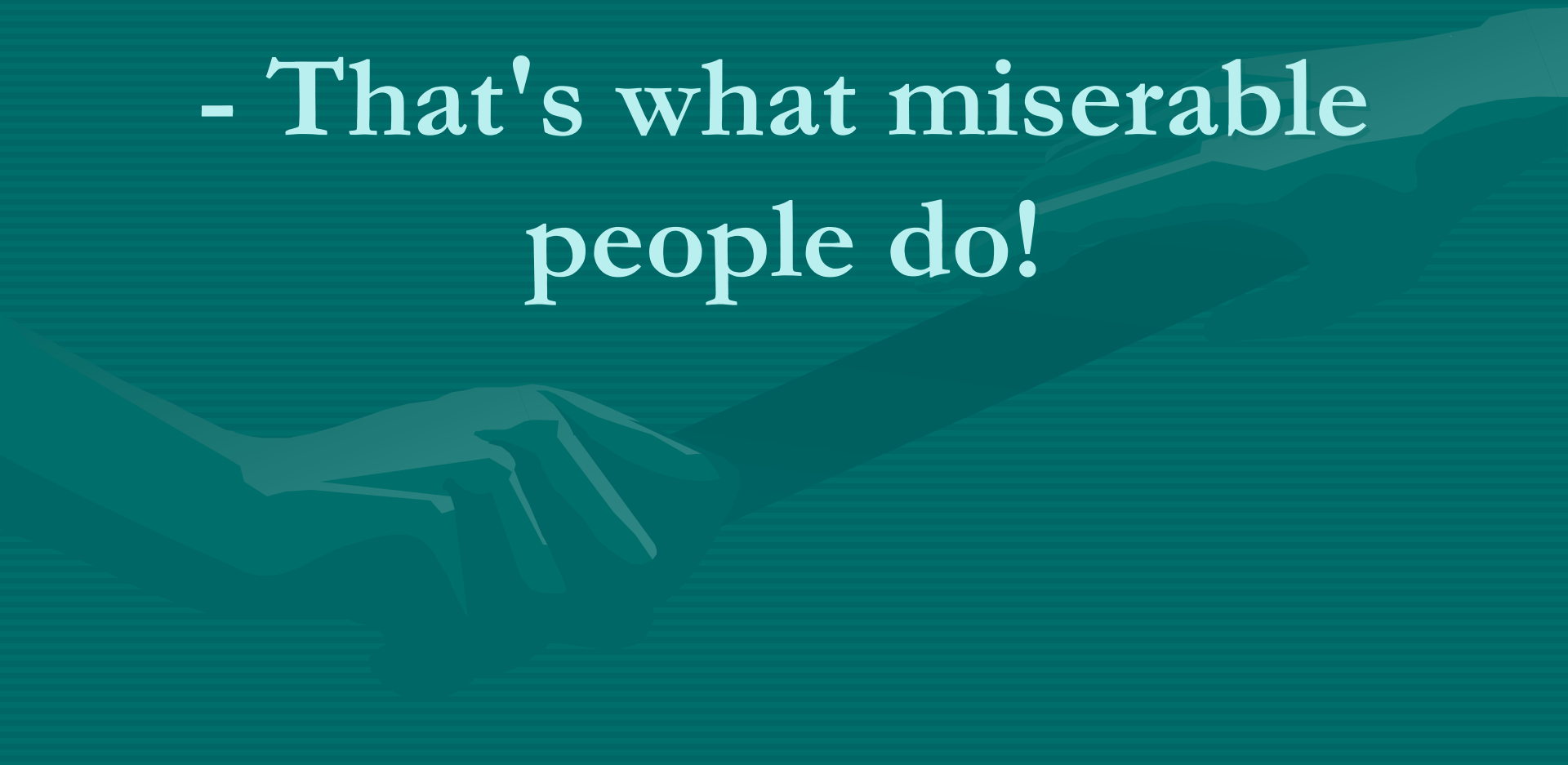


- You must not make rules  
for how everyone  
**SHOULD** behave.

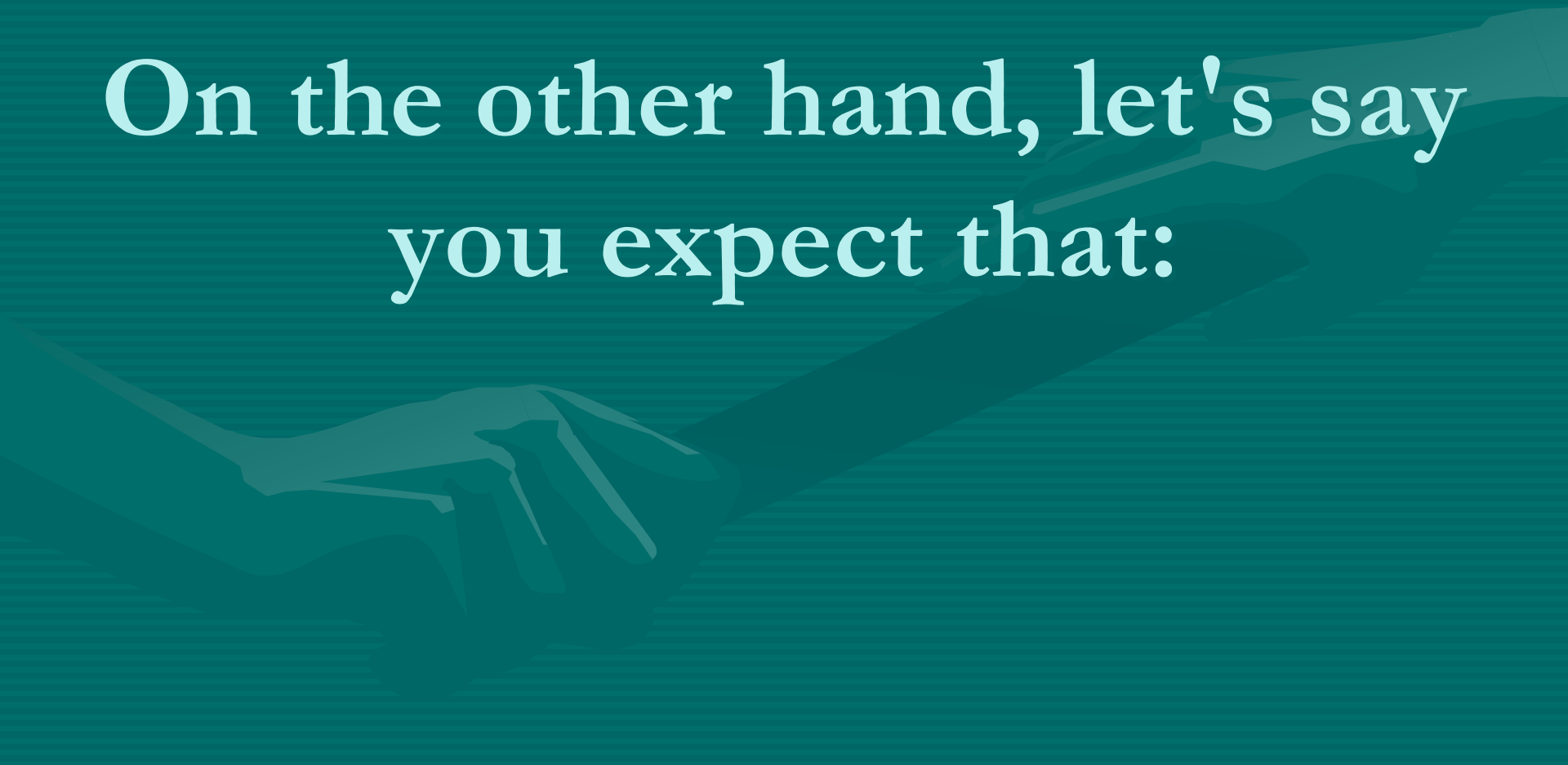


- Then, when the world  
doesn't obey your rules,  
you get angry!

- That's what miserable  
people do!



On the other hand, let's say  
you expect that:



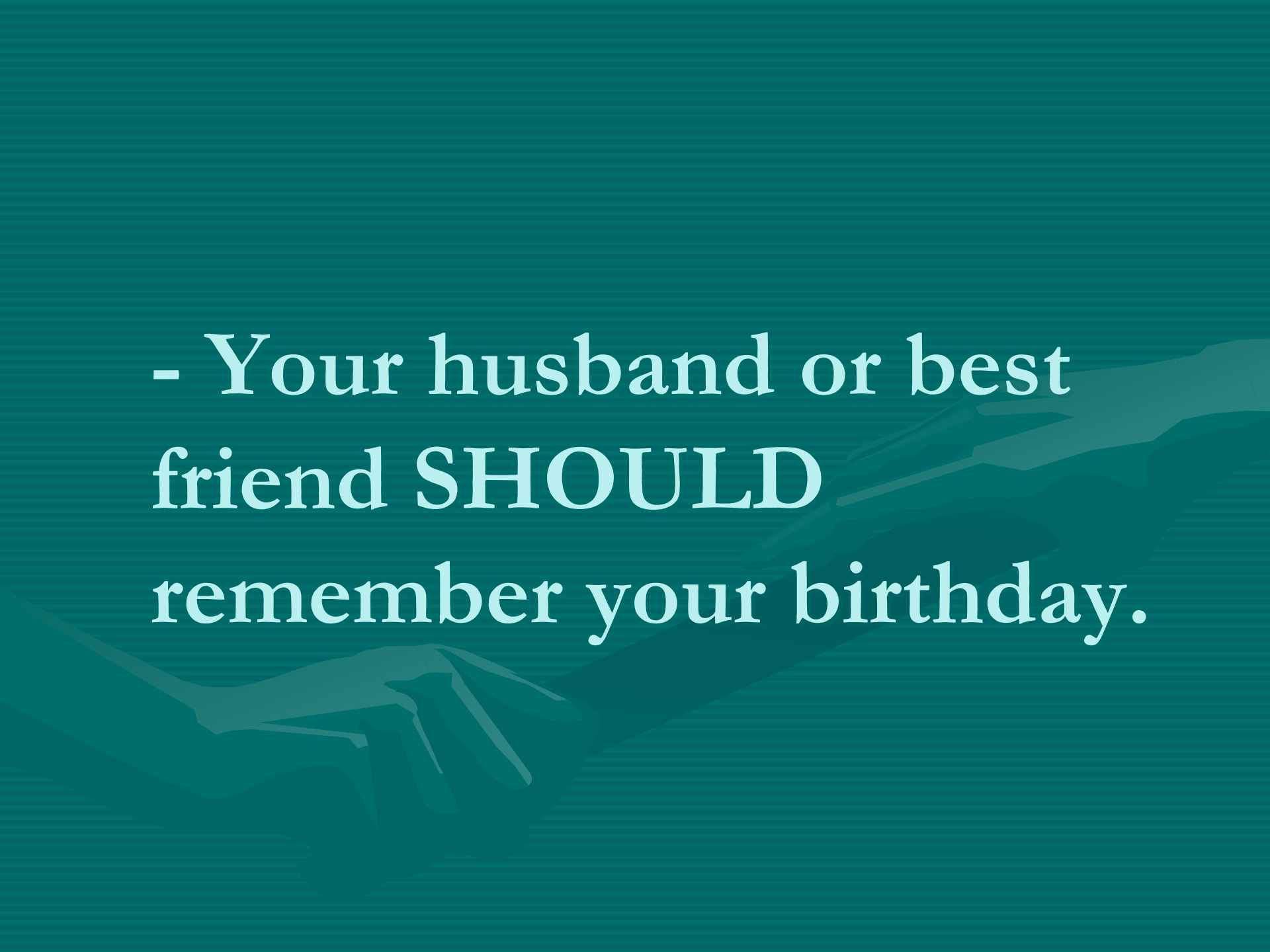
-Friends **SHOULD** return favours.

-People **SHOULD** appreciate you.

-Planes SHOULD arrive on time.


-Everyone SHOULD be honest.



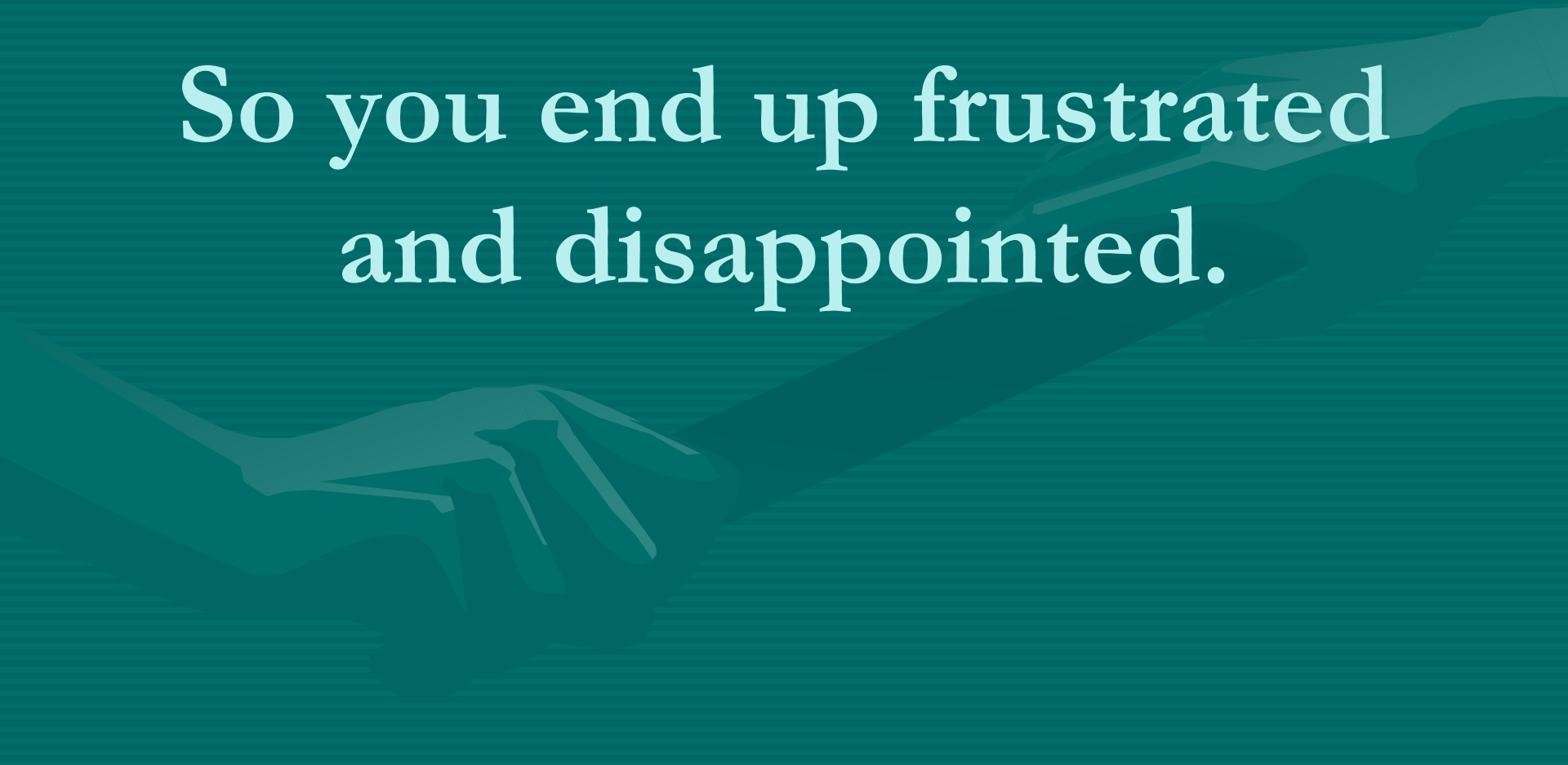



- Your husband or best  
friend SHOULD  
remember your birthday.

These expectations may  
sound reasonable. But  
often, these things won't  
happen!


A stylized, semi-transparent hand is shown in the lower-left quadrant of the image, with the index finger pointing towards the text. The hand is rendered in a dark teal color, matching the background.

So you end up frustrated  
and disappointed.



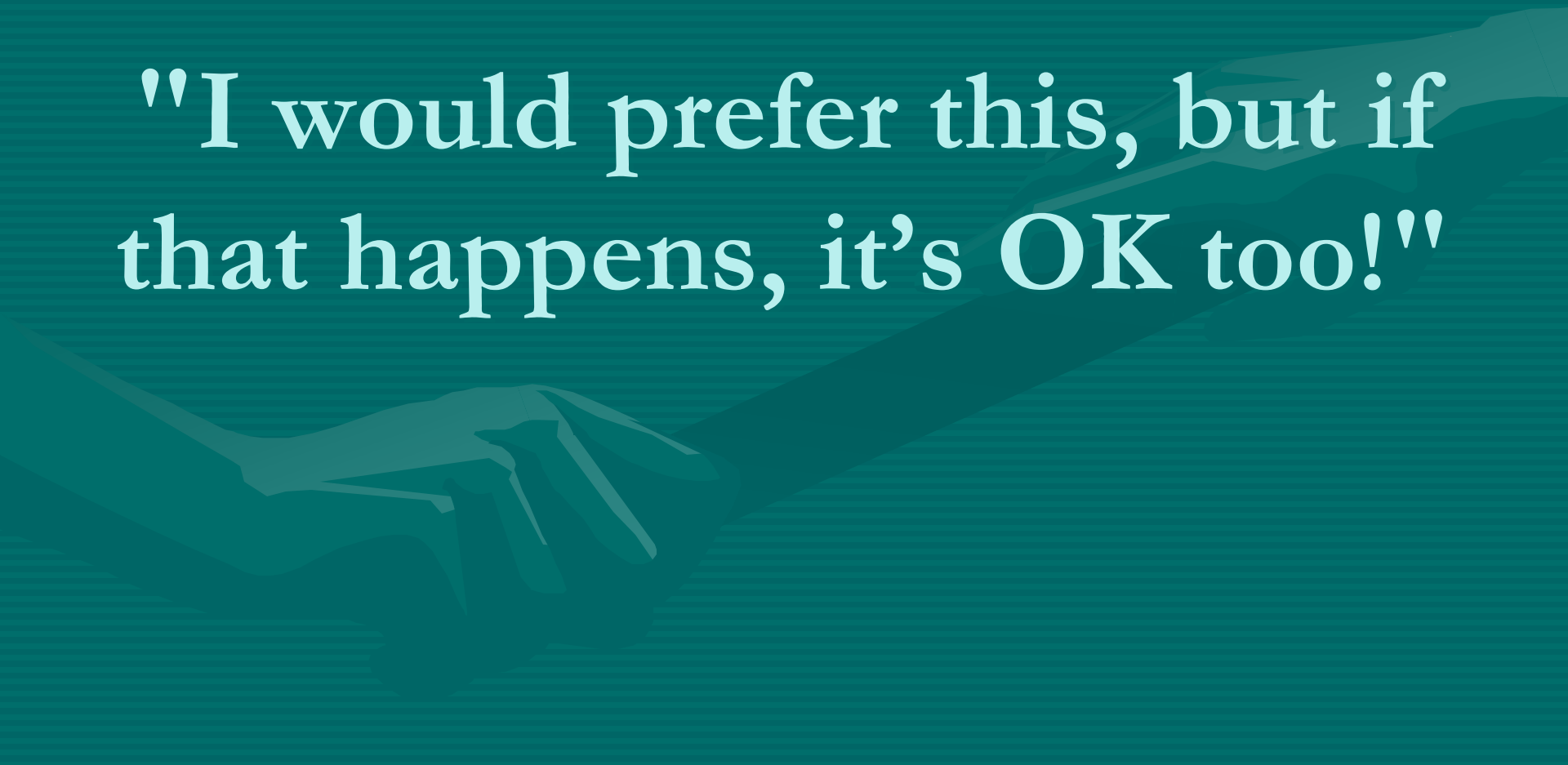


There's a better strategy:  
Demand less, and instead,  
have preferences!



For things that are beyond  
your control, tell yourself:

"I would prefer this, but if that happens, it's OK too!"



This is really a change in  
mindset. It is a shift in  
attitude, and it gives you  
more peace of mind ...

You prefer that people are  
polite ... but when they are  
rude, it doesn't ruin your  
day. You prefer sunshine ...  
but if it rains, it is ok too!



To become happier, we  
either need to:

- a) Change the world, or
- b) Change our thinking.

It is easier to change our  
Thinking!

# IN A NUTSHELL

It is not the problem that is the issue, but rather it is your attitude attending to the problem that is the problem.

It's not what happens to  
you that determines your  
happiness.

It's how you think about  
what happens to you!

END

